

NOTES REGARDING SOLEMN EXPOSITION OF THE BLESSED SACRAMENT

Holy Hour Outside of Mass

- ‡ The presiding minister for Solemn Exposition of the Blessed Sacrament is normally a priest or a deacon. In the event that only a lay minister is available, please contact the Office of Worship for ritual directions, phughes@cathdal.org or sgarcia@cathdal.org
- ‡ Incense should typically be used; it can be eliminated, for pastoral reasons
- ‡ Need: priest or deacon, one or two servers (incense and boat), any assisting deacons
- ‡ Worship aid may be reproduced without any special permission, on 8 ½ x 14 legal size paper, two-sided. All texts in worship aid may be reproduced, using a different layout, if the parish chooses. Order of events is accurate, regardless of format selected.
- ‡ Appropriate reverence for the *exposed* Blessed Sacrament is a genuflection.

ABOUT THE EXPOSITION OF THE BLESSED SACRAMENT

- ‡ Entrance of Ministers (Ministers are vested and approach the altar while a song is sung or instrumental music played)
- ‡ Exposition Deacon brings host forward, and places it into monstrance; ritual works best when Deacon brings the actual luna forward (rather than a single host on a paten) and places it into the monstrance (then genuflects)
- ‡ After the Greeting Presider may briefly introduce the celebration (in these or other words): “We gather tonight for a Holy Hour, along with every parish in the Diocese of Dallas, as initiated by Bishop Burns. In solidarity and with prayer, we ask God’s comfort, protection, and gift of hope for all those who have lost their homes and their economic stability because of Hurricane Harvey. We pray especially for the evacuees in Dallas, and throughout Texas and from Louisiana. And we ask God to be present and to comfort especially those who mourn loved ones who have died as a result of this disaster.”
- ‡ Opening Prayer (Alternate) Let us pray: O God of Consolation, we come before you stunned and dazed by the tragedies that have unfolded in these days. Hear the prayer of lament your people raise to you as we plead “Why?” You are all-giving. You are all-loving. Your people are in pain. Send your spirit of comfort among us and bring us one day to healing. We ask this in the name of the one who consoled Martha and Mary at the death of their brother, Lazarus, Jesus Christ, your Son, for ever and ever. R. Amen.

All texts and suggestions taken from the ritual text, *Order for the Solemn Exposition of the Holy Eucharist* (Collegeville, The Liturgical Press, 1993). Appropriate music in English is contained in the back of the ritual text. Other music that may be culturally or linguistically appropriate is also acceptable.

‡ (Liturgy of the Word may follow the Opening Prayer. Selected scripture below)

John 6:44-47	<i>Whoever believes has eternal life.</i>
John 11:17-28	<i>I am the resurrection and the life.</i>
Lamentations 3:17-26	<i>The steadfast love of the Lord never ceases.</i>
Romans 8:31b-39	<i>Nothing will ever separate us from the love of God.</i>
Psalms 80: 1-7, 14-19	<i>Stir up your might and come and save us!</i>
Matthew 5:1-12	<i>The Beatitudes</i>
Revelation 7:9-17	<i>These are the ones who have come through great tribulation.</i>
1 John 1:5-10	<i>Live in the light.</i>
Romans 8:18-27	<i>Creation is waiting for the fullness of time.</i>

‡ Adoration and Silent Reflection Most of the time for Solemn Exposition should occur at this time, perhaps 40-45 minutes. Parishes may ask people to bring a bible for quiet reading and reflection (mention scripture above, in worship aid to direct them). Music leaders could possibly insert a “quiet instrumental” (flute, acoustic guitar, or piano) for several minutes. Music should not fill the entire time, if used during adoration.

‡ Intercessions (in these or similar words) OR Litany of the Holy Eucharist (provided)
For intercessory prayer during Solemn Exposition, kneeling is the appropriate posture.

1. For those who have lost their lives as a result of Hurricane Harvey, that God will comfort their families with the sure knowledge that they now sleep in the peace of the Resurrection, we pray...
SPAN here
2. For those who now struggle each day with economic worry and fear of the future, we pray...
SPAN here
3. That our brothers and sisters who have been injured, uprooted from their homes, and who feel they have lost hope, we pray...
SPAN here
4. For the gentle healing of all those who face mental health issues—women, men, and children—as a result of the trauma from Hurricane Harvey, we pray...
SPAN here
5. For all public officials, public leaders, and organizations, that the relief and assistance that they provide for victims and evacuees may come swiftly, and in abundance, we pray...
SPAN here

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6. For our Bishop Burns, Bishop Kelly, our clergy and our parish leaders, that our prayers for the evacuees and victims of devastation may rise to God like incense, we pray...

SPAN here

OR Invocation of Christ (substitute for Intercessions)

Lord, be merciful	Lord, save your people
From all evil	“
From every sin	“
From the snares of the devil	“
From anger and hatred	“
From every evil intention	“
From everlasting death	“
By your coming as man	“
By your birth	“
By your baptism and fasting	“
By your sufferings and cross	“
By your death and burial	“
By your rising to new life	“
By your return in glory to the Father	“
By your gift of the Holy Spirit	“
By your coming again in glory	“

‡ Lord’s Prayer, recited or sung.

‡ Benediction- Presiding minister goes to the altar, genuflects, and then kneels. at this time, a suitable Eucharistic song may be sung by the assembly, kneeling before the Blessed Sacrament. Presiding minister incenses the Blessed Sacrament. After the song and incensing, the presiding minister says the prayer.

Priest or Deacon puts on humeral veil, takes the monstrance, and blesses the people in silence. Monstrance is place back on altar.

Priest or Deacon kneels again and leads the Divine Praises (reprint).

‡ Reposition of the Blessed Sacrament- Priest or Deacon removes the luna with the consecrated host, and returns it to the tabernacle. Meanwhile, an Acclamation or Song of Praise is sung.

‡ Ministers depart in simple procession. Instrumental music may accompany the procession.

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